

# AGAPE LETTERS

## GUIDELINES

1. Short, positive, uplifting, loving. No proselytizing or preaching. No politicking or references to punishment. See examples below.
2. Each letter should be handwritten. No photocopies. Use colorful or decorative stationary. No enclosures such as prayer cards, no stickers or seals, nothing glued on.
3. Sign the letters with the salutation of your choice and your first name only. NEVER include home address or telephone number or office address or telephone number.
4. Leave letters flat, out of the envelopes. Envelopes may be addressed "Friend in Christ" or "Brother in Christ". Agape Team will fold letters, insert them in envelopes and seal the envelopes.

NOTE: Team members will address their own letters to the participants on the second night of the weekend. Keep the pen with the letters and the envelopes in a plastic bag.

## EXAMPLES

The best letters are those that come from the heart, after prayerful reflection and calling on the Lord for inspiration. If you can, include a commitment to prayer, sacrifice or good actions during the weekend.

Suggested phrases:

*"You are a beautiful person, loved and forgiven by God."*

*"I'm spending the weekend with you. You are in my thoughts and prayers."*

*"I'm looking forward to meeting you at the closing/Monthly Reunion."*

A short description of your own experiences with Cursillo or Walk to Emmaus. Encouragement to become involved in the KAIROS community inside CSP Folsom.

Dear Brother in Christ,

We all need a special friend at one time or another. Someone who loves and accepts us without reservation. Someone who can look beyond our human weaknesses and see the good in us. Jesus is this friend for me.

I pray that this weekend will be an example of God's love for you and that your life will be touched by His love. I hope that you too will make Jesus your friend.

Your friend,  
Bob

Dear Friend in the Lord,

May the peace and love of God fill your heart this day. May this Kairos experience renew and refresh you in the Spirit.

I pray that you will feel the Peace and Love of the Lord and enjoy His friendship which surpasses all understanding in Joy.

I will be refraining from alcohol during the three days of your Kairos weekend and will be spending a half hour each day in prayer and reflection for the intervention of God's grace and good will for you.

Peace my friend,  
Ann

Dear Friend,

My prayer for you this day is that your heart will be filled with the joy and love of God and that you will sense the love that your brothers and sisters are sending you.

Mary